



**American
Diabetes
Month®**

November is American Diabetes Month® and, at the American Diabetes Association®, we're recognizing all the mothers, fathers, friends, and children who live every day with diabetes or prediabetes. Join us and help make sure each and every one of them gets the support they need to keep going strong. The ADA is leading the way by:

- **Providing education and programs** that help prevent diabetes in all of us and help those with diabetes lead healthy lives by reducing their risk of complications.
- **Advocating at every level** to ensure everyone living with diabetes is treated equitably and can access affordable health care.
- **Funding research and setting clinical guidelines** to advance diabetes treatments and lead us toward a cure.
- **Bringing people together** to make a difference in their families and communities through donations and direct action.

Join the fight to end diabetes
at **diabetes.org/WeFight**.

**136 million
Americans
have diabetes
or prediabetes;
that's nearly
1 in every 2 people.**



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